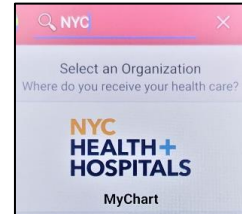


## Welcome to Adolescent MyChart at NYC Health + Hospitals!

**Get started!** Point your camera at the QR code to scan and Download the MyChart App.



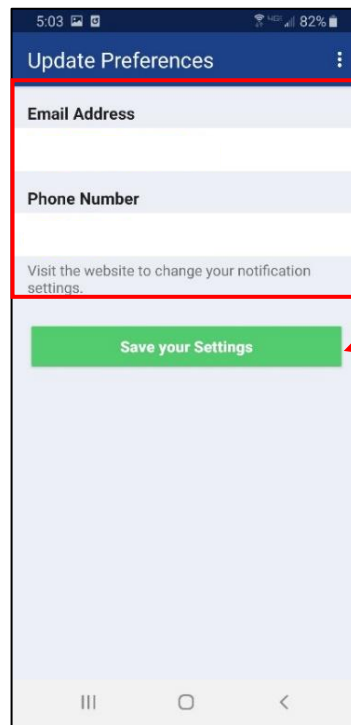
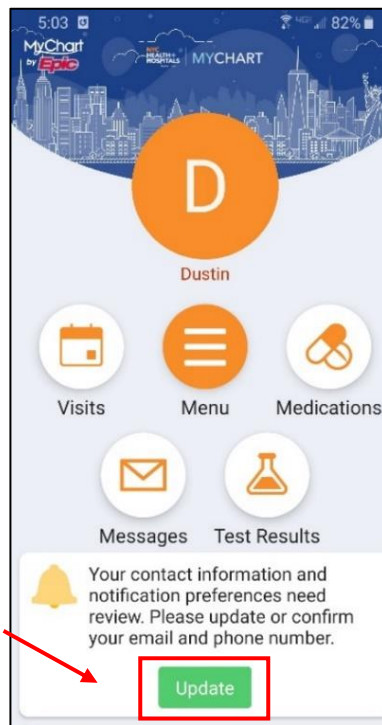
**Let's Stay Connected!** Log into your new MyChart account and be sure to:



**Update your email address!** Make sure the email address in your MyChart is yours, and not your parent's or legal guardian's, to protect your privacy.



**Update your phone number!** Make sure the phone number in your MyChart is yours, and not your parent's or legal guardian's, to protect your privacy.

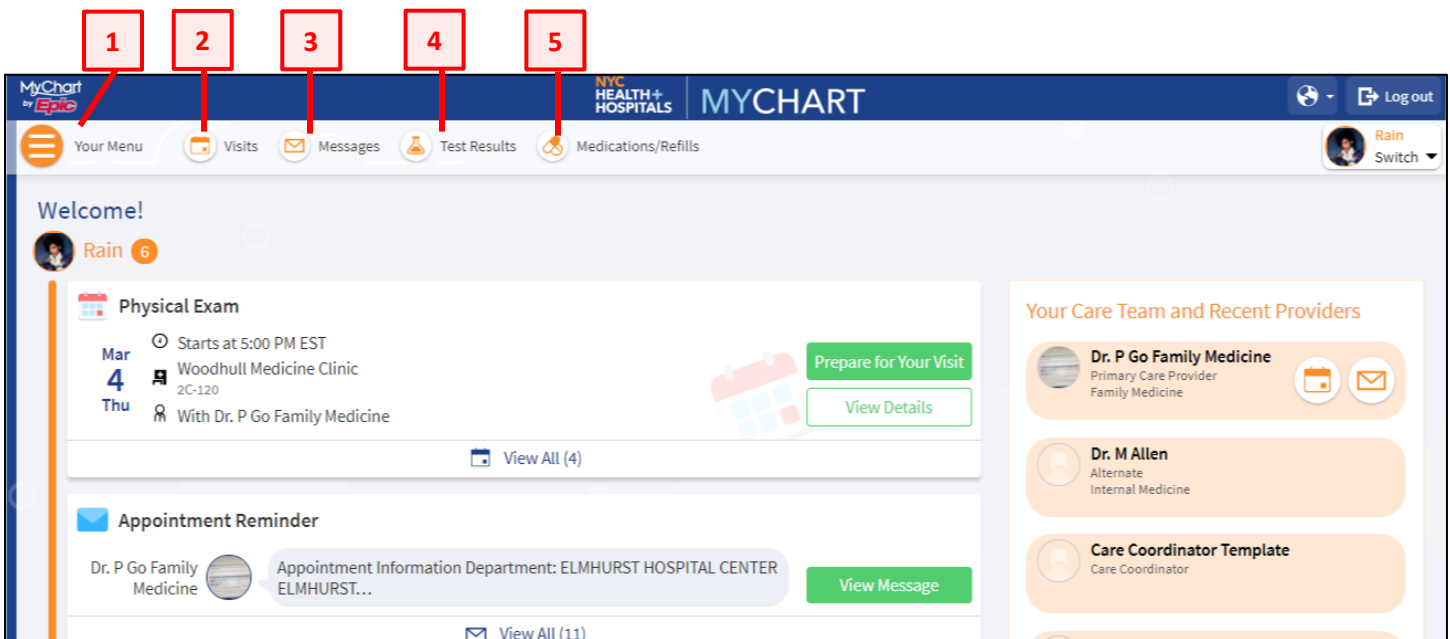







A **MyChart Proxy** is a parent, or legal guardian, who has access to *some* of the information in your MyChart account. Usually, Proxies can view:

- Allergies
- Immunizations (excluding HPV)
- Growth Chart
- COVID-19 Test Results

You don't *need* to have a Proxy to sign up for MyChart!

**Explore!** Your MyChart has features that help us manage your health, together.



1	 Your Menu	<ul style="list-style-type: none"> <li>• Click on <b>Your Menu</b> to access your <b>Health Record, Personal Information, Virtual ExpressCare</b>, and more!</li> </ul>
2	 Visits	<ul style="list-style-type: none"> <li>• Click on <b>Visits</b> to view, schedule and cancel appointments.</li> </ul>
3	 Messages	<ul style="list-style-type: none"> <li>• Click on <b>Messages</b>, to send a message to your Doctor's Office. You can use messages to ask for <b>Medical Advice</b>, request a <b>Medication Refill</b>, or get in touch with our <b>Billing Department</b>.</li> </ul>
4	 Test Results	<ul style="list-style-type: none"> <li>• Click on <b>Test Results</b> to view your lab results, including your COVID-19 test results.</li> </ul>
5	 Medications	<ul style="list-style-type: none"> <li>• Click on <b>Medications</b> to view your medicine list. You can also request <b>Medication Refills</b>, add/remove a medicine.</li> </ul>

**Questions?** Call the MyChart Help Line at **1-844-920-1227** and press **1**. Help is available **24/7!**